

Sacred Sex + Inside Out Bagel Grilled Cheese + Why Ending Cash Bail Is A Jewish Issue

 mailchi.mp/thisisarq/sacred-sex-inside-out-bagel-grilled-cheese-why-ending-cash-bail-is-a-jewish-issue

VIEW IN BROWSER



The Ish

A WEEKLY DIGEST OF ALL THINGS JEW-ISH.

I'm still figuring out how I feel about [Oprah 2020](#) - as [our interviewee Dave Pell](#) wondered in [his own newsletter yesterday](#), wouldn't that be a demotion for her and a roadblock on the way to her higher calling? - but, I do love her [SuperSoul Conversations podcast](#), in which she unabashedly discusses spirituality and the deeper meaning of the world with all different kinds of impressive and surprising ([Rainn Wilson](#)!?) people.

Oprah can stand on stage at the Golden Globes, all done up in glittery Versace, and simultaneously put privilege and power in their place ([#TimesUp](#)). She can interview a self-professed [weirdo actor from "The Office"](#) and get to a conversation about God in the first few minutes.

That's the balance I dream of nurturing for Arq as we help you connect to Jewish culture, wisdom, and community. Both relevant and timeless, practical and mystical, intellectual and earnest, easy to access and deeply meaningful, flexible and intentional, delightful and inspiring.

In other words, we don't have to choose, and I don't think you want to (amirite?). Let me know [≥](#)



Danya
Founder, Arq

P.S. - I always want to hear from you. [Schedule a time](#) to chat with me.

Do



BY ELENA MUDD

ANYWHERE

❖ ARQ ONLINE EVENT ❖

1/17 Join us for a quiet, grounding, women-only evening of deep sharing, listening, and intention-setting inspired by the Hebrew lunar calendar and the themes of Shevat, a month rooted in renewal

❖ ANOTHER WORTHY TO-DO ❖

1/19 On Martin Luther King Jr. Day weekend, have an open and brave conversation about racial justice at your Shabbat table

atlanta

1/24 - 2/15 The Atlanta Jewish Film Festival lineup is out, and it's got interactive holograms of Holocaust survivors, Cuba's forgotten Jew-els, and dreams of a Jewish Christmas

DC

1/27 A gentle yoga and meditation class infused with the symbolism of Tu B'Shvat, the Jewish New Year for trees

2/1 Sacred sex

LA

1/14 Challah Rising in the Desert: The Jews of New Mexico, a film screening and green chile challah tasting

2/4 Kids Challah Bake

NYC

1/11 Taste the history of NYC delis

1/17 A nourishing moon circle with special guest, reiki master, and dear human, Aki

Eat

EAT OUT



FROM HALF SOUR

CHICAGO

A newish Jewish deli

FROM



FEDERAL DELICATESSEN

NEW ZEALAND

An open-early, closed-late, NY-style Jewish deli where tablecloths are pointless



FROM DINGFELDER'S DELICATESSEN

SEATTLE

Jewish delis descend on the city in 2018

EAT IN



How to eat "Jewish" and be well ≥

Make inside out bagel grilled cheese for good luck ≥

Condiments come and go, but NY Shuk harissa is forever ≥

Meet



BY JAKE FROMM

WE MET UP WITH JULIE POTASH, A.K.A., HESTA PRYNN, LONGTIME SONGWRITER AND THE GO-TO DJ FOR BRANDS AND WOMEN'S EVENTS AROUND THE WORLD, AND RIFFED ABOUT HER EXPERIENCE AT PERFORMING ARTS CAMP, WHY SOME PEOPLE CAN'T HANDLE AN ALL-FEMALE HIP HOP CREW THAT'S PART TORI AMOS / PART QUESTLOVE, THE MOST SURPRISING (AND CHALLENGING) THINGS ABOUT BEING A MOTHER, AND WHAT'S TO LOVE ABOUT JEWISH TRADITION

[READ MORE >](#)
