

VIEW IN BROWSER



The Ish

A WEEKLY DIGEST OF ALL THINGS JEW-ISH.

I believe we must take care of ourselves while we do the work that we think will change the world (or, frankly, while we just get through the day these days).

Yesterday, I caught up with one of my spiritual guides, an 80-something-year-old Catholic nun. She told me she's been teaching about "downward mobility" lately. What if we're not always striving for fast success, but, instead, thinking about others and living and consuming more simply?

Then, I had a chat with fellow entrepreneurs who know what it's like to be a tiny team running something much bigger than ourselves. We agreed that it's essential for us to find time to be joyful and to get out from behind our screens and simply witness humanity.

One of my dear friends asks her interviewees at the end of each [podcast episode](#), "What fills your cup?"

So, how about it? What do you do for you?



Danya,
Founder, Arq

P.S. - [My attempt at predicting the future of Jewish life](#). Thoughts?

P.P.S. - We're starting to gather tips for our [annual crowdsourced list of inclusive and relevant High Holidays experiences](#). Send me what you've got!

Do



BY TIFFANY NUTT

LA

7/20 [Bike Shabbat shul crawl](#)

NYC

7/20 [Fierce Fridays](#): Pride Shabbat dinner with a star from *RuPaul's Drag Race*

7/24 [Middle Eastern roots music](#)

7/24 [A Yiddish summer and love songs workshop](#)

WASHINGTON, DC

8/14 [Deep Dive](#): a class on anti-Semitism

9/6 [21 lessons for the 21st century](#) from the Israeli author of *Sapiens*

Eat

EAT OUT



FROM LOVE EAT TRAVEL BLOG

TEL AVIV

A [list of locations from the TLV episode of Somebody Feed Phil](#)

EAT IN

READ

BY ARQ

In our [newest New Moon Reading by At The Well](#), we learn about the serious spiritual stretching we'll need to do to avoid Av-induced whiplash.

[MORE GOOD READS](#)

The [kosher salt question](#). Why [some Jews won't eat meat this week](#). [#MeToo goes to Jewish summer camp](#). 8 books that feature [queer Jewish women](#). [Netanyahu voices support for surrogacy births for gay men](#), but will he act? [Israel in turmoil](#) over bill allowing Jews and Arabs to be segregated. [More Birthright participants leave the trip](#) in protest. The [Jewish revolt](#). A [brief guide to Israel's complex art world](#). From Tel Aviv to Jerusalem. The [last relics of Iraq's Jewish past](#).

WATCH

[Who Is America?](#) A first look at Sacha Baron Cohen's SHOWTIME series

LISTEN

The [first singer from the Hasidic community](#) to be signed to a major label. [Rabbi, Is Pot Kosher?](#) [Breaking bread and boundaries](#) with Phil Rosenthal. [Becoming American](#), including the story of an acclaimed landscape architect with Jewish and Salvadoran roots. [Losing My Religion](#).

Give or Get



♥ BY ARQ ♥

[Becoming a Parent: The Product Guide](#)

[SHOP >](#)

WWJD

(WHAT WILL JEW DO?)

Each week, our summer intern Rebecca will pick a global theme, highlight Jewish texts that prompt reflection, and ask us all to take action.

This is new, so please send us your feedback!

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Today's Edition:
What Will Jew Do...about reproductive rights?

CONTEXT

Last week, President Trump nominated Judge Brett M. Kavanaugh to fill Justice Anthony M. Kennedy's seat on the Supreme Court. Trump's pick will support overturning Roe v. Wade, a landmark decision recognizing a woman's right to make her own reproductive medical decisions, including whether or not to have an abortion. If Roe v. Wade were reversed, 22 states have already said they would outlaw abortions entirely. The overturn of Roe v. Wade could unravel personal liberties for all.

TEXT

Abortion is a deeply personal decision, and Judaism does not detail one particular approach. One thing is clear: Judaism does not legally consider a fetus a full person with complete rights until birth. In fact, Halakha, Jewish religious law, considers fetuses to be "merely water." Judaism also values existing life over potential life. If a fetus endangers the life of its mother, many Jewish leaders would consider abortion mandatory. (We discuss this topic in more detail in our guide to becoming a parent.)

ACT

How can you help yourself or someone else heal emotionally and spiritually after an abortion? How do you interpret the statement of Halakha that fetuses are merely water? What role, if any, do you think religion should play in lawmaking or politics?

